

# dōTERRA Basil-Mint Lemonade

## Lemonade:

- 2 cups lemon juice (Juicing by hand is recommended but let's face it—Real Lemon in a bottle works too!!)
- 2 cups water
- 2 cups basil/mint syrup (see below)

## Basil/Mint Syrup:

- 2 cups sugar
- 1 cup water
- 1-2 drops of doTERRA Basil Essential Oil
- 2-3 drops of Spearmint Oil



## Directions:

Combine all ingredients for syrup in saucepan & simmer over low heat till melted. Cool syrup before adding to lemonade (I like to make this ahead and keep in the fridge so it is ready when I want it)

Combine syrup with lemonade and serve cold (If the flavor is a little too strong, dilute with Sprite to taste).

