

dōTERRA Essential Oil Blends

Proprietary Blends		Generic Name
Adaptiv	Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum	Calming blend (US)
Balance	Spruce Leaf, Ho Wood Leaf, Frankincense Resin, Blue Tansy Flower, Blue Chamomile Flower, and Osmanthus Flower essential oils in a base of Fractionated Coconut Oil	Grounding Blend
Citrus Bliss	Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, Clementine essential oils and Vanilla Bean Absolute	Invigorating Blend
ClaryCalm	Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Carrot Seed, Palmarosa, Vitex	Monthly Blend for Women
Clarify	Litsea, Tangerine, Grapefruit, Frankincense and Cardamom	Air Blend
DDR Prime	Frankincense, Wild Orange, Litsea, Thyme, Clove, Summer Savory, Niaouli, and Lemongrass	Cellular Complex (US)
DigestZen	Anise Seed, Peppermint Plant, Ginger Rhizome/Root, Caraway Seed, Coriander Seed, Tarragon Plant, and Fennel Seed essential oils	Digestive Blend
Easy Air (Aus) Breathe (US)	Laurel Leaf, Eucalyptus Leaf, Peppermint Plant, Tea Tree Leaf, Lemon Peel, Cardamom Seed, Ravintsara Leaf, Ravensara Leaf essential oils	Clear Blend (Aus) Respiratory Blend (US)
Elevation	Lavandin Flower, Tangerine Peel, Lavender Flower/Leaf, Amyris Bark, Clary Sage Flower/Leaf, Hawaiian Sandalwood Wood, Ylang Ylang Flower, Ho Wood Leaf, Osmanthus Flower, Lemon Myrtle Leaf, and Melissa Flower/Leaf essential oils	Joyful Blend
HD Clear	Black Cumin Seed Oil, Ho Wood Leaf, Tea Tree Leaf, Litsea Berry, Eucalyptus Leaf, Geranium Plant essential oils	Topical Blend
Hope	Fractionated Coconut Oil, Bergamot Fruit (FCF), Ylang Ylang Flower, Frankincense Oil, Vanilla Bean Absolute	Essential Oil Blend
Ice Blue (Aus) Deep Blue (US)	Wintergreen, Camphor, Peppermint, Blue Tansy, German Chamomile, Helichrysum, Osmanthus	Athletic Blend (Aus) Soothing Blend (US)
InTune	Amyris Bark, Patchouli Leaf, Frankincense Resin, Lime Peel, Ylang Ylang Flower, Hawaiian Sandalwood Wood, Roman Chamomile Flower essential oils	Focus Blend
Lavender Peace (Aus) Serenity (US)	Lavender, Cedarwood, Ho Wood Leaf, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Bean Absolute, Hawaiian Sandalwood	Restful Blend
On Guard	Wild Orange, Clove, Cinnamon, Eucalyptus, Rosemary	Protective Blend
PastTense	Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, Rosemary	Relaxation Blend (Aus) Tension Blend (US)
Purify	Lemon, Lime, Siberian Fir, Austrian Fir, Citronella, Tea Tree, Cilantro	Refreshing Blend (Aus) Cleansing Blend (US)
Salubelle (Aus) Immortelle (US)	Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, Rose	Beauty Blend (Aus) Anti-Aging Blend (US)
Smart & Sassy (Aus) Slim & Sassy (US)	Grapefruit, Lemon, Peppermint, Ginger, Cinnamon	Active Blend (Aus) Metabolic Blend (US)
TerraArmour Spray (Aus) TerraShield Spray (US) * bottles and spray	Ylang Ylang Flower, Nootka Wood, Cedarwood Wood, Catnip, Lemon Eucalyptus, Litsea Fruit, Arbovitae Wood essential oils and Vanilla Bean Absolute in a base of Fractionated Coconut Oil and Tamanu Seed Oil	Outdoor Blend
Whisper	Bergamot, Ylang Ylang, Patchouli, Cinnamon, Labdanum, Vetiver, Hawaiian Sandalwood, Rose, and Vanilla, Jasmine and Cocoa Absolutes, in a base of FCO	Blend for Women
Zendocrine	Tangerine, Rosemary, Geranium, Juniper Berry, Cilantro	Restart Blend (Aus) Detoxification Blend (US)
Yoga		
Ascend (Aus) Arise (US)	Lemon Peel, Grapefruit Peel, Siberian Fir, Osmanthus Flower, and Melissa Leaf essential oils in a base of Fractionated Coconut Oil	Enlightening Blend
Anchor	Lavender, Cedarwood, Frankincense, Cinnamon Bark, Sandalwood, Black Pepper, and Patchouli essential oils in a base of Fractionated Coconut Oil	Grounding Blend (Aus) Steadying Blend (US)
Affirm (Aus) Align (US)	Bergamot Fruit, Coriander Seed, Marjoram Leaf, Peppermint, Geranium, Basil, Rose, Jasmine Flower essential oils in a base of FCO	Centering Blend

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Emotional Aromatherapy

Cheer	Wild Orange, Clove, Star Anise, Lemon Myrtle, Nutmeg, Ginger, Cinnamon Bark, Vanilla Absolute, Zdravetz	Uplifting Blend
Console	Frankincense, Patchouli, Ylang Ylang, Labdanum, Amyris, Sandalwood, Rose, Osmanthus Absolute	Comforting Blend
Forgive	Spruce, Bergamot, Juniper Berry, Myrrh, Arbovitae, Nooka Tree, Thyme, Citronella	Renewing Blend
Motivate	Peppermint Plant, Clementine Peel, Coriander Seed, Basil Herb, Yuzu Peel, Melissa Leaf, Rosemary Leaf, Vanilla Bean Absolute	Encouraging Blend
Passion	Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine, Vanilla Absolute, Damiana, in a base of Fractionated Coconut Oil	Inspiring Blend
Peace	Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, Spearmint	Reassuring Blend

Kids

Brave	Wild Orange, Amyris, Osmanthus, and Cinnamon in a base of Fractionated Coconut Oil	Courage Blend (US)
Calmer	Lavender, Cananga, Buddha Wood, and Roman Chamomile essential oils in a base of Fractionated Coconut Oil	Restful Blend (US)
Rescuer	Copaiba, Lavender, Spearmint, and Zanthoxylum essential oils in a base of Fractionated Coconut Oil	Soothing Blend (US)
Steady	Amyris, Balsam Fir, Coriander, and Magnolia in a base of Fractionated Coconut Oil	Grounding Blend (US)
Stronger	Cedarwood, Litsea, Frankincense, and Rose in a base of Fractionated Coconut Oil	Protective Blend (US)
Tamer	Spearmint, Japanese Peppermint, Ginger, Black Pepper, and Parsley Seed in a base of Fractionated Coconut Oil	Digestive Blend (US)
Thinker	Vetiver, Peppermint, Clementine, and Rosemary in a base of Fractionated Coconut Oil	Focus Blend (US)

Seasonal or Limited Time Offers

Amaví	Buddha Wood, Balsam Fir Wood, Black Pepper Fruit, Hinoki, and Patchouli essential oils with Cocoa Extract in a base of Fractionated Coconut Oil	Fortifying Blend
Aspire	Distilled Lime Peel, Cardamom Seed, Hyssop Flower, Cedarwood Wood, and Nepalese Chamomile Flower	
Beautiful	Fractionated Coconut Oil, Lime, Osmanthus, Bergamot, and Frankincense	Captivating Blend
Citrus Bloom	Wild Orange, Grapefruit, Lavender, Roman Chamomile, and Magnolia	Springtime Blend
Dream	Cedarwood, Pink Pepper, Juniper Berry, Magnolia, Roman Chamomile, Lemon Myrtle, and Osmanthus in a base of Fractionated Coconut Oil	
Harvest Spice	Cassia, Clove, Eucalyptus, Cedarwood, Nutmeg, and Cinnamon Bark	Gathering Blend
Holiday Joy	Siberian Fir, Wild Orange, Clove Bud, Cinnamon Bark, Cassia, Douglas Fir, Nutmeg essential oils and Vanilla Absolute	Holiday Blend
Holiday Peace	Siberian Fir, Grapefruit Peel, Douglas Fir, Himalayan Fir, Frankincense, Vetiver	Holiday Blend
Island Mint	Lime, Distilled Lemon, Peppermint, and Spruce	Summertime Blend
One	Fractionated Coconut Oil, Ylang Ylang Flower, Frankincense Resin, Vetiver Root, Douglas Fir Branch/Leaf, Cardamom Seed, and Melissa Leaf/Top	
Radiant	Cananga, Patchouli, Clary Sage, Cypress, Lime, and Cassia in a base of Fractionated Coconut Oil	
Sunny Citrus	Grapefruit Peel, Orange Peel, and Peppermint plant in a base of Fractionated Coconut Oil	
Together	Fractionated Coconut Oil, Yuzu, Magnolia	