

Inspiration from Food Alchemy with Vanessa Jean

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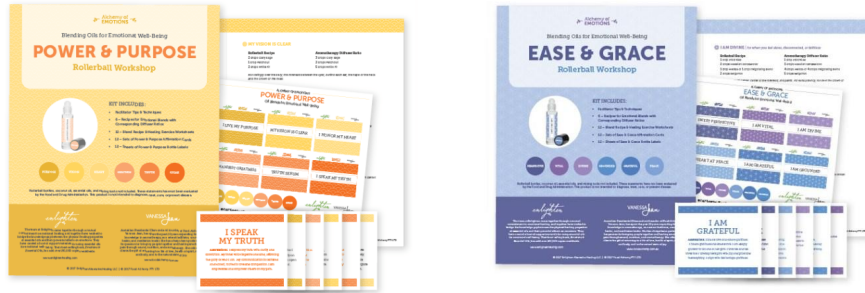
You may have noticed a lack of newsletters for the last few months. It has been just a little bit busy, and a very exciting and creative few months!

I'd love to share some highlights of some exceptional events we have had in March.

My friend Amanda Porter, (Co-Author of the "Emotions and Essential Oils" book which is loved by so many) and I held an Emotions Masterclass in Sydney just before convention to over 800 beautiful souls. Amanda flew all the way from Scotland just to conduct this workshop with me, and I was honoured to share the stage with such a gracious and kind creatrix.



For those that missed out on purchasing the co-created Rollerball kits (with Amanda Porter), they are available for purchase through the [Shantistar](#) (Australia) and [Essential Oil Supplies](#) (UK).



Following directly after the masterclass, we had our Silver and Above training, which was opened up to Premiers and above. Over 500 powerful change agents joined us as we journeyed with leaders to deep dive into what it means to be a business builder in doTERRA.

We were blessed to have Lil Shepherd join us as one of the US founding members. It was incredible to hear such a humble, grounded and dedicated steward of the doTERRA culture talk to us about the importance of your why and how that carries you through the highs and lows of your business. Lil is Wellness Advocate number 3! The growth of doTERRA has been incredible. In such a short span of almost 10 years, we are now nearing 6 million account holders worldwide! The role as guardians of the culture, so perfectly embodied by our 7 owners, is now in our hands to impart to all that we meet on our own doTERRA journey.

We were joined by many other powerful leaders such as Hayley Hobson, Adam Copp, Leonie Featherstone, Zachariah Aurelius, Adam Barralet, Tanya Maidment, Anastasia Borserio, Hayley Wiese, Jackie Isles, Dee Howard, Charlie O'Connor, Ura P. Auckland, Tara Bliss and Alice Nichols. So much talent! This was certainly a power-packed event for builders across all teams, all trees - we are really ONE TREE!

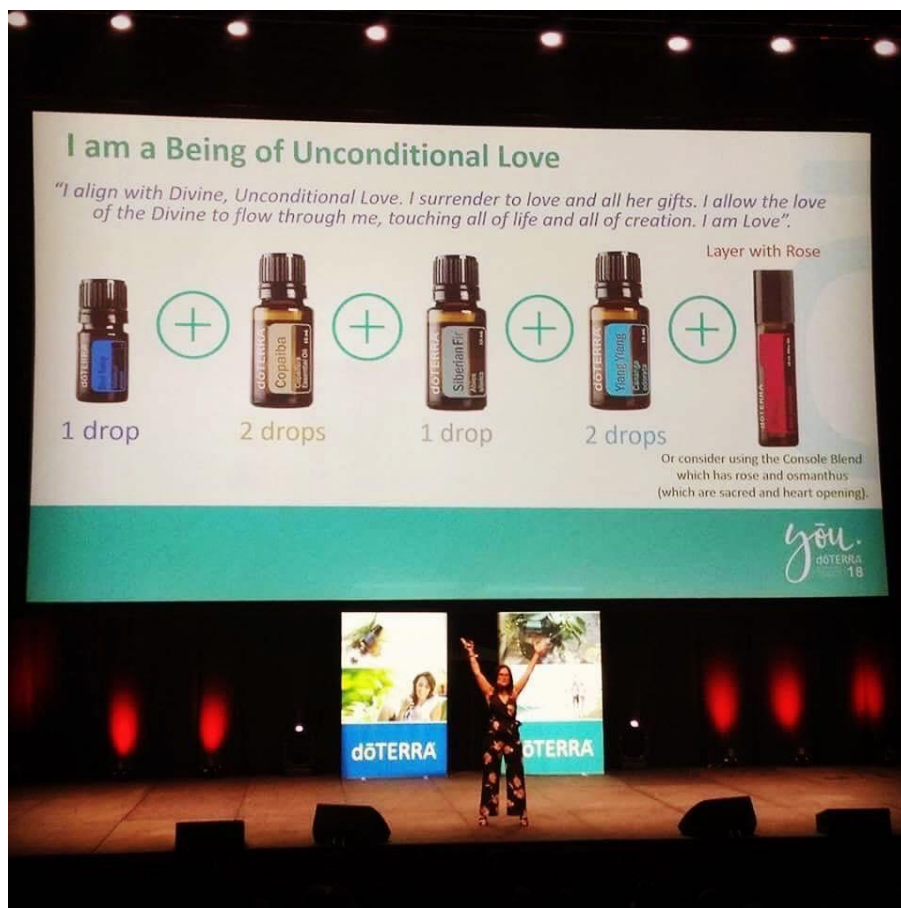
Jonathan Mozingo - thank you for being such an awesome MC for this event.



Of course Convention was, as always, such a moving event for all. If you were not able to attend, I hope you will take the opportunity to attend the post convention events that will be running around Australia and New Zealand in the near future. Check out the events section below for a Perth event.

I was honoured to present at Convention this year, and a video of that presentation is below. My heart sings that we have access to such powerful oils, and from 20th March, Australia will have access to Rose Touch, Jasmine Touch, Neroli Touch, Siberian Fir, Copaiba, Blue Tansy and more. And folks, stay tuned for the exciting addition of Manuka Touch! This oil is only available in the Australia and New Zealand market with a release date very soon. Lemon Myrtle will also be released shortly. In my next newsletter, I'll show you some ways to use these new oils. How lucky are we!!!





2018 NEW PRODUCT RELEASE



Moisturising Bath Bar 113 g (SKU 37450004)

Manuka Touch 10 mL (SKU 60204448)

Rose Touch 10 mL (SKU 60203009)

Neroli Touch 10 mL (SKU 60202963)

Jasmine Touch 10 mL (SKU 60203008)

Copaiba 15 mL (SKU 60202960)

Blue Tansy 5 mL (SKU 60203997)

Lumo Diffuser (SKU 60204002)



My Convention presentation, including the slide images. Enjoy!

One Tree - WOW! We loved the collaboration that is One Tree - the bringing together of speakers from all teams to one event, with The Power of Service as our theme. MC's for the day were the delicious doTESSA - Tess Godfrey - and her right-hand man - Craig Godfrey.

Opening the day was the incredible John Croft, with a magnificent rendition of "Imagine". After lunch, he sung a parody on a Crowded House song called "Always take doTERRA with You." Incredible, and SO MUCH FUN! And he brought One Tree to a close with "Faith".

Our speakers were breathtaking. Many had never spoken to a crowd of such size - we had 1500 people attend! But you wouldn't have guessed. They spoke with eloquence, knowledge, and spirit, and we all received something from them that was priceless. Thank you to all our speakers: Erin Blott, Kim Reid, Michelle Cannan, Natalie Blackburne, Christina Austin, Alice Nicholls, Rosie Nerney, Zachariah Aurelius, Boyd Truman (special mention here for Boyd - he flew in from the USA just for One Tree!), Kirsten Thrush, Alison Bartolo, Rachel Davies, Stacey Walker, Ura P. Auckland, Petah-Jane Auckland-Hall, Sue Gavel, Chantal Roelofs, Samantha Bulloch, Michele Wragg, and Jessie Reimers. Thank you to my dear friend Anastasia Borserio who held the space for our speakers back stage and lathered them with oils as needed.

Tracy, Paul and I would also like to take this opportunity to thank all the helpers, with special mention to Elizabeth Stewart and Kirsten Thrush, who, without their help, we simply couldn't have made such events work.

Humbling. Grateful. Joyous. And so much more. Thank you to everyone who had a part in all of these events.





Watch John sing "[Always Take doTERRA with You](#)" [here](#).



From the dynamic brother and sister duo John & Andrea Croft - a new doTERRA Anthem?

Sitting next to someone who's sniffing and coughing
I say are you open to trying this?
I whip out my easy air and on guard
and get to work giving them relief

(And I say...) Have you heard of oils by doterra?
CPTG - the best in the world
Try some Frankie, Smell my Lavender
Co-impact sourcing, they're the best company!

Walking down the street, do you want a sample?
I feel so good on my LLV

I want to share all these oils with people
you could look and smell, just as good as me!

Everywhere you go always take dōTERRA with you,
Everywhere you go always take dōTERRA
Everywhere you go always take dōTERRA with you,
Everywhere you go, you always take dōTERRA... take dōTERRA with you!



Some One Tree resources can be
found on the website at [Food
Alchemy](#).

Scroll down to the bottom and you
will see them. They are there,
shared by speakers, for you to use.

In Joy and Love

Vanessa Jean & Paul Ovens



Please visit the [Events](#) page for all current events.

doTERRA Convention Highlights and Perth Sundowner 22/3/18

doTERRA Diamond leader and Australian Founder Tanya Maidment is back in Perth in March and presenting some of the top tips from the Sydney Convention. Come and join her and guest speakers to be educated and inspired, plus enjoy a sundowner!

Guest speakers include Presidential Diamond leader Vanessa Jean and Silver leader Polly Delany.

This will be a Diamond Club event.

Here is the approximate schedule. You are welcome to come to one or all three parts. You are also very welcome to bring guests. Registration for the evening Sundowner is essential as this is catered for.

12.30 to 2.30pm - Convention Highlights and New Products

3.00 to 5.30pm - Convention Highlights and Biz Tips

5.30 till 8.30pm - Sundowner time! Come and join us for some canapes and a social get together (ticket required)

Please register even if you are only coming to one session.

Cost is free for the day events. For the sundowner, there is a cost for this is \$10 per person or two for \$15 and includes, tea, coffee and canapes. Drinks can be purchased at the bar. Please complete the dietary requirement question if you have any special requests.

Any questions then please contact Tanya on 0407984793.

[Purchase tickets here.](#)

Geraldton Blending Masterclass 23/3/18

This blending masterclass will delve into the magic of essential oils and how they can be used to create harmony and more joy in your life. Learn the art of blending for moods and emotions, deep rest and balance for you and your entire family.

Proudly presented by Vanessa Jean Boscarello Ovens and Karen Miller.

Bookings through Eventbrite are essential, and places are limited.

Date: Friday 23 March 2018

Time: 7.30pm – 9pm

Address

Mt Pleasant Holiday Homestead
577 Company Road, Greenough

Investment: Free

Eventbrite:

<https://www.eventbrite.com.au/e/geraldton-blending-masterclass-23318-tickets-43646864948>

Facebook: <https://www.facebook.com/events/778016765731918/>

Geraldton Business Essentials 24/3/18

Join Vanessa Jean (Presidential Diamond) and Karen Miller (Diamond) to

discover the essentials of growing an abundant dōTERRA business. We will cover the simple steps to creating a thriving business that you will love.

This session is suitable for complete beginners and experienced sharers who would like a refresher.

Whether you would like to start with getting your oils for free, create a side income or a full-time business – all while helping others with their health and wellbeing – this practical session will leave you feeling inspired and empowered!

Bookings through Eventbrite are essential, and places are limited.

Date: Saturday 24 March 2018

Time: 10am – 1pm

Address

Mt Pleasant Holiday Homestead
577 Company Road, Greenough

Investment: \$11 per person

Eventbrite: <https://www.eventbrite.com.au/e/geraldton-business-essentials-24318-tickets-43647109680>

Facebook: <https://www.facebook.com/events/942707632556922/>

Essential Oils for Everyday Life 28/3/18

Join dōTERRA leaders Paul Ovens and Vanessa Jean Boscarello Ovens, for this free, fun-filled workshop where they will take you on a journey to explore how essential oils can assist with:

- Harmonizing your moods and emotions
- Reducing the toxic load in your home and your body
- Living a cleaner and more vital life
- Inviting more calm into your life, and more!

Bring a friend and receive a gift! Door prizes available.

We will share convention news and new products.

Date: Wednesday 28 March 2018

Time: 7.00pm – 8.30pm. Registration from 6.30pm. Door prizes on offer.

Address

East Fremantle Cricket Club
Preston Point Reserve
Cnr Preston Point Road and Jerrat Drive

East Fremantle

Investment: Free. Bookings essential through Eventbrite. Seating limited.

Eventbrite: <https://www.eventbrite.com.au/e/essential-oils-for-everyday-life-28318-tickets-43382588490>

Facebook: <https://www.facebook.com/events/361557351025784/>

Wholefoods with Food Alchemy 16/4/18

We invite you to join Vanessa Jean on a culinary, plant-based raw and wholefood adventure that will fill your belly with nourishing delights and set your tastebuds dancing! She will demonstrate how to incorporate pure food grade essential oils into your food for incredible deliciousness.

Come with your appetites and get ready to feast upon the bounty of organic, seasonal wholefood deliciousness. Bookings through Eventbrite are essential, and places are limited.

Date: Monday 16 April 2018

Time: 11am – 1.30pm

Address: address supplied upon registration

Investment: \$35 per person or \$25 per person when you bring a friend.

Eventbrite: <https://www.eventbrite.com.au/e/wholefoods-with-food-alchemy-16418-tickets-43539501822>

Facebook: <https://www.facebook.com/events/204578706789681/>

London Emotions Masterclass with Amanda Porter 15/5/18

*** OPEN TO ALL TEAMS AND ALL RANKS ***

Join Amanda Porter, Co-Author of "Emotions & Essential Oils," and blending alchemist Vanessa Jean Boscarello Ovens for this exciting workshop on the science and alchemy of aromatherapy for emotional transformation.

This in-depth workshop will cover the science of essential oils and how they impact our emotions and emotional responses, and will provide simple and specific recommendations for how to unwind and eventually release negative patterns. Additionally, we will cover master blending for emotional harmony and the art of creating powerful aromatic anchors with essential oils.

Leave empowered to help yourself and those you love, and to share this incredible information with others.

This event brings together two of the most well-known teachers of essential oils for emotional wellness. It's not to be missed!

Note: There will be product available for sale on the day.

Date: Wednesday 16 May 2018

Time: 10am – 12.30pm

Address

Inside Essential Oil Supplies product store
Platinum Suite – Level 2
(Adjacent to Hall Entrance S2 / N3)
West Entrance
ExCel London
1 Western Gateway
Royal Victoria Dock
London E16 1XL, UK

Investment: £21.55

Eventbrite: <https://www.eventbrite.co.uk/e/the-science-and-alchemy-of-aromatherapy-tickets-42948525195>

Glastonbury (UK) Events

Details are still being finalised and ticket links will be available soon.

Tuesday 8th May

7-9pm: Empowered Wellbeing and Natural Solutions to Health, £10

Wednesday 9th May

7-9pm: The Alchemy of Emotions, £10

Thursday 10th May

11am-1pm: The Spirit of Essential Oils – Creating Ritual and a Meaningful Life, £10

Where: Gabriel Room - The Daisy Centre, 6 Church Lane, Glastonbury

Saturday 12th May

10am – 4pm: Sacred Oils, Sacred You 1-day Retreat, £40 (includes vegan lunch)

Where: central Glastonbury

Amanda Porter is the Co-author of the very popular essential oil book “Emotions & Essential Oils”. As a co-founder of Enlighten, they enlighten souls through truth, offered in quality products and supportive educational tools and materials. <https://www.enlightenhealing.com/>

Vanessa Jean Boscarello Ovens has spent the past 20 years expanding and honing her knowledge base and skills in aromatherapy, as a public speaker, retreat facilitator, sound healer, meditation leader and raw/wholefood cooking teacher. Find out more at www.foodalchemy.com.au

Bari Brown is a wholistic therapist with a calling to help the world to awaken to their divinity and oneness through love. Contact Bari for further information at bari.brown@yahoo.com or 07726 762656.

Bookings will be available through Food Alchemy Eventbrite:
<https://www.eventbrite.com.au/o/food-alchemy-pty-ltd-14238283156> very soon.

London Leaders Training Day 16/5/18

We are collaborating with top dōTERRA leaders to hold leadership training before Europe Share Convention in May. Come hear from top European Leaders and international Presidential Diamonds! Must achieve Elite by 30 April to be eligible to attend.

When: Wednesday 16 May 2018

Where: ExCel, London, E16 1XL, United Kingdom (same venue as convention)

Time: 13:00-18:00

Investment: £25.00 (includes VAT)

<https://www.eventbrite.co.uk/e/doterra-share-leaders-training-day-tickets-41484611590>

London Builders Training Day 17/5/18

We are collaborating with top dōTERRA leaders to hold leadership training before Europe Share Convention in May. Come hear from top European Leaders and international Presidential Diamonds! Open to ANYONE wishing to build a dōTERRA business.

When: Thursday 17 May 2018

Where: ExCel, London, E16 1XL, United Kingdom (same venue as convention)

Time: 10:00-17:00

Investment: £35.00 (includes VAT)

<https://www.eventbrite.co.uk/e/doterra-share-builders-training-day-tickets-41484705872?aff=erelpanelorg>

This is a small sample of ways to use the oils. Visit my [website](#) for more inspiration!

If you are new to essential oils and would like to find out more, please go to my [oils page](#). I explain why I love these oils so much, and show you ways to use them, including delectable food recipes and blends. I also explain how easy it is to open your wholesale account, saving you 25%. I would love to help you on your essential oil journey.

* It is very important you only use food grade essential oils, and I use and recommend dōTERRA essential oils.

March Specials

10% off Local: Exfoliating Body Scrub

EXFOLIATING BODY SCRUB

dōTERRA SPA

SAVE 10% IN MARCH

A COMBINATION OF WILD ORANGE, GRAPEFRUIT AND GINGER ESSENTIAL OILS IN A LUXURIOUS BODY SCRUB PROVIDES YOU WITH A CUSTOM AT-HOME SPA EXPERIENCE THAT WILL ENTICE YOUR SENSES.

dōTERRA SPA EXFOLIATING BODY SCRUB NOT ONLY REMOVES DEAD SKIN CELLS THROUGH EXFOLIATION, BUT REPLACES VITAL HYDRATION TO KEEP SKIN LOOKING SMOOTH AND SOFT.



SKU | 60200735

WHOLESALE AUD \$31.00 | 16.50 PV
DISCOUNTED AUD \$27.90 | 14.85 PV

WHOLESALE NZD \$31.00 | 16.50 PV
DISCOUNTED NZD \$27.90 | 14.85 PV

dōTERRA
AUSTRALIA & NEW ZEALAND

Head over to my [Monthly Specials](#) section on the website where I've collated inspired blends incorporating the monthly specials.

200PV month - Salubelle



EARN A FREE SALUBELLE 10mL ROLL ON (RETAIL VALUE AUD \$129.33) BY PLACING ANY SINGLE 200 PV ORDER THROUGH THE AUSTRALIAN OR NEW ZEALAND WAREHOUSE FROM MARCH 1 - MARCH 31, 2018.

SALUBELLE BEAUTY BLEND

Salubelle is a proprietary blend of powerfully renewing, rare essential oils used throughout history for their beautifying benefits. Salubelle easily absorbs into the skin and can be used on the face, neck, and décolletage to reduce the appearance of fine lines, wrinkles, and aging skin.

PRIMARY USES

- Apply a thin layer of Salubelle to the face, neck, and décolletage. Repeat application to targeted areas of concern. Follow with the doTERRA moisturiser of your choice.
- Use on minor skin irritations to reduce the appearance of scars, blemishes, and stretch marks.
- Applied to the back of the neck and ear lobes, Salubelle can help promote feelings of relaxation throughout the day.

RULES & TERMS

A single 200 PV order can only qualify for one promotional item. If an individual would like to earn the product up to four times, they must place four separate 200 PV orders.

- Orders, once placed, cannot be changed, adjusted, or combined to qualify for the promotion.
- Orders placed outside the qualifying time period (March 1 through March 31, 2018) do not count toward the promotion.
- All orders must be placed and processed before March 31, 2018 at 11:59 pm MST to receive the free product.
- PV is not equal to the cost of an order. Before completing an order, the individual placing the order must verify that the order is 200 PV.
- Any orders or items returned that result in the order going below the 200 PV requirement will have to return the free Salubelle or the product will be charged on the members account.
- Wellness Advocates, Wholesale and Retail customers can qualify for the promotion.
- A maximum of 4 free items may be redeemed per household.

dōTERRA



DVD "Raw Food Adventures"

If you would like to see me demonstrate how easy it is to make delicious raw food (sweet and savoury), my DVD "[Raw Food Adventures](#)" will get you started!

Recipes demonstrated:

- Raw Choc Cheese Cake
- Tropical Bliss Cake



- Raw Chocolates
- Chocolate Caramel Cups
- Raw Chocolate Mousse
- Raw Pasta
- Raw Tomato Soup
- Raw Beetroot Dip

About Vanessa Jean



Vanessa Jean, founder of Food Alchemy, motivational speaker, dōTERRA Wellness Advocate and Queen of Cacao, is passionate about teaching people how to live a life inspired by joy and love.

Using food, aromatherapy, sound healing and her own joy for life, Vanessa Jean inspires people with her recipes, healthy lifestyle, joy and purpose.

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