

Inspiration from Food Alchemy with Vanessa Jean

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Greetings from Europe!

Hello <<First Name>>

Paul and I are in Italy as this newsletter reaches you, before we embark on a cruise down the Danube River with fellow friends, collaborators and magick maker doTERRA Presidential Diamonds. It's a wonderful time to catch up, share our joys, learn and savour the wonders of this life.



This image offers a wee glimpse into my world... and the blessings this 'work' brings. May I share a little piece of my heart with you...

When I was young I made a solid agreement with the Divine that the life I live in this life time, is one of pure joy, wrapped up in love and the constant presence of the Divine. That I would show up fully to serve every single day and in so doing my song would be joyous.

Joy is a choice. Not a faerie tale. Love is real, not only a dream. To consciously choose to create in this way and live and create with choice and reverence brings a state of bliss unparalleled.

When I was 15 years young, I received a clear vision of my path and my purpose. I have never wavered from this vision. Ever. Along the way I have lived it in various ways. Since dōTERRA came into my life... extra magick made its way into my life and being. Blessing my family in the most glorious and unexpected ways. My husband, best friend and beloved, journeys this in wholeness with me. And sweet goddess it's a joy!! I'm soooo grateful.

At the moment we are weaving a succulent melody in my home land, Italia. With my beautiful friend John Croft from shantistar.com we taught a wonderful class to an intimate gathering of women. I shared in my native tongue my love and passion for the oils and how they impact us so magnificently on all levels.

I loved watching their faces light up and hearts open as we reconnected them with Nature and what was always a 'normale nella vita' - normal in life. Plant medicine. Plant magick. Mumma Earth Love. Joy of joys they got it. They caught the love bug and revelled in it. John created utterly divine cacao creations - raw chocolate - and the cacao infused with the oils made their way into hearts with playful kisses of joy. There was laughter. Fun! Transformation. Bliss. My heart burst with pure joy. Laughter bounced between us all. Stories were shared. Memories ignited. All in a yummy space of a 'Tattoo Shop'!

I hope this glimpse will remind you to reclaim your birthright of living the most succulent and joyous life imaginable.



After the cruise, Paul heads back home to Perth Australia, while I journey onto

Glastonbury - another place that I hold sacred in my heart.

For those living in the UK or Europe, or visiting the southwest of England, Bari Brown and I invite you to join us on a 2-day retreat and our beautiful events of the week beginning 24th of June.

We will immerse ourselves in this sacred land with gatherings in Chalice Well, the Goddess House and other beautiful sites in Glastonbury.

The retreat will take you on a walking journey through the sacred sites of Chalice Well, where we collect the holy water of the white well. We will climb the winding route to the Tor, beginning in the holy apple orchard. The Abby is a heavenly space in Glastonbury, here you shall learn about the lore of the land and meditate upon the sacred earth.

We hope you can join us - these events are going to be special ♥

Finally, I'm so happy to offer you 2 new eBooks.

The first, "**Your Companion Guide to 5 Sacred Oils**", offers you ways to use the newly released essential oils into the Australia and New Zealand markets. Join me as I take a dive into the sacredness of Green Mandarin, Pink Pepper, Turmeric, Magnolia Touch and Yarrow|Pom. I offer you new blends (for all these beautiful oils) and food recipes (for Green Mandarin, Pink Pepper and Turmeric which can be used for food flavouring).

[Please download here.](#)



Includes food recipes and essential oil blends for aromatic dressing and making your own natural purefumes.

Download your FREE copy here!

»—love—» <http://bit.ly/2lizzlf>

Secondly, another eBook - [Exploring Green Mandarin](#) Enjoy!



Includes food recipes and essential oil blends for aromatic dressing and making your own natural purefumes.

Download your FREE copy here!

»—love—» bit.ly/GreenMandarinEO

*In Joy and Love,
Paul and Vanessa Jean*



**Never miss out knowing
what we're up to!**

[Follow us on Paul and Vanessa Jean Eventbrite Channel.](#)



Glastonbury Retreat 29 & 30 June 2019 – A Return to Love

Join us in Glastonbury, the heart chakra of the earth, as we explore the realm of the sacred and return home to love and the truth of who we are.

On this heart opening retreat, you will feel the loving embrace of the divine as

you rest, rejuvenate and re-treat yourself to deep nurturing, pampering and nourishment.

This will be a time of deep connection, of love, bliss and joy, filled with:

- Sacred sound journey
- Guided meditation
- Gentle movement
- A masterclass on blending for emotional harmony
- Inviting ritual and intuition into daily life
- A cacao ceremony
- DNA regeneration
- Channelling from the Akashic records
- Sacred Site Experience

Make the most of the beautiful summer solstice energy to enhance your spiritual awakening and deepen your connection to Mother Earth and this sacred land.

Let's celebrate together, expanding our hearts in receivership so we in turn may become instruments to radiate light and love out into the world.

Proudly brought to you by Vanessa Jean - Food Alchemy and Bari Brown.

Please dress in loose, comfortable clothing for gentle movement.

Bookings are essential through Eventbrite to secure your place in this delightful retreat. Places are limited to maintain intimate numbers for this special retreat.

Where: Nolava Room, Goddess House, 28 Magdalene Street, Glastonbury, BA6 9EJ

Dates & Times

Saturday 29 June 2019, 10am – 6pm

Sunday 30 June 2019, 10am – 5pm

Investment

2-day ticket: £200

1-day ticket £100 (Saturday only)

Ticket includes:

- Sacred sights tour, including entrance fees, to:
 - Chalice Well
 - The Tor
 - The Abbey (Sunday attendees only)
- Personalised gifts for all attendees
- Morning and afternoon tea
- Cacao treats
- Group dinner Saturday night

[Booking link \(Eventbrite\)](#)

Bookings close 6pm 28/6/19 or earlier if sold out.

[Facebook](#)



Journey Home to the Sacred

Journey Home to the Sacred with Vanessa Jean and Bari Brown using meditation, sacred sound and feasting on succulent cacao creations. You will learn how to make raw chocolate and a cacao elixir – divine - and such a nourishing way to journeying home to love.

Where: Glastonbury (full address provided upon ticket purchase)

Date: Tuesday, 25 June 2019

Time: 7 – 9pm

Investment: £10 per person and includes a natural purefume rollerball.

[Booking link \(Eventbrite\)](#)

Tickets close 12pm, 25 June 2019 unless sold out prior.

[Facebook](#)



Radiant Body

Join Vanessa Jean and Bari Brown in this 2-hour immersion to create a more radiant and powerful you.

As a group, we will clear and align your chakras using meditation, sacred sound and essential oils bringing balance to your mind, body and spirit.

Where: The Miracles Room, Glastonbury Experience Courtyard, 2-4 High Street, Glastonbury BA6 9DU.

Date: Wednesday 26 June 2019

Time: 7 – 9pm

Investment: £10 per person and includes a natural purefume rollerball.

[Booking link \(Eventbrite\)](#)

Tickets close 6pm, 26 June 2019 unless sold out prior.

[Facebook](#)



Joie De Vivre! – Call in Abundance, Vitality & Miracles

Using Exquisite Gifts of the Earth

This will be a 2-hour immersion into the essential oil kingdom, as we lean into plant lore, wisdom and beautiful blend creation for your joie de vivre.

Combining meditation and aromatic anchoring we will explore powerful ways to use essential oils and work with Mother Earth to bring the fullness of your inner joy back into life. Everyone will create their own personalised joie de vivre blend to take home.

Where: Chalice Well, Chilkwell Street, Glastonbury, Somerset BA6 8DD

Date: Thursday 27 June 2019

Time: 11am – 1pm

Investment: £15 per person or £10 per person when you bring a friend - investment includes a natural purefume rollerball.

[Booking link \(Eventbrite\)](#)

Tickets close 6pm, 26 June 2019 unless sold out prior.

[Facebook](#)

COMING SOON!



Dive deep into the spiritual aspects of the plant kingdom!

"Gifts of the Essential Oils" book with authors Adam Barralet and Vanessa Jean Boscarello Ovens.

To register your interest, click below:

Recipe book with Chef
Sophie Budd and
Vanessa
Jean Boscarello Ovens



*I'm
excited...*

New recipe
book with
Sophie Budd is
coming soon!

Register your interest
for the pre-launch:

bit.ly/FoodOils



Recipe Book



GROW events are advertised [here](#).

This is a small sample of ways to use the oils. Visit my [website](#) for more inspiration!

If you are new to essential oils and would like to find out more, please go to my [oils page](#). I explain why I love these oils so much, and show you ways to use them, including delectable food recipes and blends. I also explain how easy it is to open your wholesale account, saving you 25%. I would love to help you on your essential oil journey.

*** It is very important you only use pure essential oils**, and I use and recommend **dōTERRA essential oils**.

June is a 200PV Month with Salubelle Beauty Blend



TERMS & CONDITIONS

1 JUNE - 30 JUNE, 2019

SALUBELLE BEAUTY BLEND ROLL ON 10ML

Earn a FREE Salubelle 10mL Roll On (valued at \$97.00AUD/\$107.00NZD Wholesale) by placing any single 200PV order through the Australia or New Zealand warehouse from 1-30 June, 2019.

A proprietary blend of essential oils used throughout history for their beautifying benefits, Salubelle® Beauty Blend is formulated to help reduce the appearance of skin imperfections and soothe the skin. These essential oils help the skin look smooth and radiant. Salubelle® can be used on the face, neck, and décolletage for healthy looking skin.

RULES & TERMS

- A single 200PV order can only qualify for one promotional item. If an individual would like to earn the product up to four times, they must place four separate 200 PV orders.
- Orders, once placed, cannot be changed, adjusted, or combined to qualify for the promotion.
- Orders placed outside the qualifying time period (1 June through 30 June, 2019) do not count toward the promotion.
- All orders must be placed and processed before 30 June, 2019 at 11:59pm Mountain Time (MT) to receive the free product.
- PV is not equal to the cost of an order. Before completing an order, the individual placing the order must verify that the order is 200PV.
- Wellness Advocates, Wholesale Customers and Retail Customers can qualify for the promotion.
- A maximum of 4 free items may be redeemed per account.

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AUSTRALIA & NEW ZEALAND

June Product of the Month is 15ml Clove



Head over to my [website](#) to see blends for this incredible essential oil.

**June Local Special AU & NZ - 10% off
Shampoo and Conditioner**

SAVE 10% IN JUNE

dōTERRA SALON ESSENTIALS®

Protecting Shampoo and Smoothing Conditioner

dōTERRA Salon Essentials Protecting Shampoo and Smoothing Conditioner is a hair-boosting duo that works to protect your scalp and hair while enriching it with dōTERRA essential oils, giving your hair the healthy and smooth look it deserves.



SKU | 36260004

WHOLESALE AUD \$39.00 | 26.00PV
DISCOUNTED AUD \$35.10 | 23.40PV

WHOLESALE NZD \$44.00 | 26.00PV
DISCOUNTED NZD \$39.60 | 23.40PV

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 AUSTRALIA & NEW ZEALAND

About Vanessa Jean



Vanessa Jean, founder of Food Alchemy, motivational speaker, dōTERRA Wellness Advocate and Queen of Cacao, is passionate about teaching people how to live a life inspired by joy and love.

Using food, aromatherapy, sound healing and her own joy for life, Vanessa Jean inspires people with her recipes, healthy lifestyle, joy and purpose.

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[Oils](#)
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[Raw Foods DVD](#)