

Inspiration from Food Alchemy with Vanessa Jean

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Hello <<First Name>>

It's only one week now until the Global Convention in Utah starts, and Paul and I are heading over for a week of learning, laughter, and celebration.

doTERRA have started September off with amazing specials here in Australia/New Zealand, including a 200PV promo of Citrus Bloom, Red Mandarin and Lemon Myrtle. These are limited edition oils that you can't buy at present, and if you haven't smelled Citrus Bloom, it's an aroma that has many declaring is one of their favourites!



What's New?

I've loved the creative process of bringing you information on how to use these special oils in a **free eBook "Springtime Blessings"** which you can download (see link below). I've created **new blends and new foodie recipes** to highlight these amazing 200PV oils. A big thank you to James Lynch of Essential Oil Images for the beautiful floral essential oil images we used to create this eBook.

Post Convention Event 18/9/19

I'm looking forward to bringing back a Convention kit and sharing what doTERRA has released. This convention is going to be jam-packed with the science of essential oils - something I love to learn - so if you are in Perth on 18 September, come along and have a feel and smell of the new products and learn how they can support your health and wellbeing in our monthly Perth event "[doTERRA New Product Reveal](#)".

One Day Retreat 26/10/19

I'm collaborating with three amazing women for the [Ultimate Women's](#)

Retreat in October in Lake Grace. It's been a while since I've had the opportunity of doing a one-day retreat, so I hope you can take the time out of your busy life for some deep nourishment, sound journeying, delicious food and more on 26 October 2019.

Mother and Daughter Circle 2/11/19

The mother and daughter relationship is precious. With fellow event facilitator Kieran Chappell, we will:

- Learn how essential oils can best support mothers and daughters
- Create some unique and loving roller blends and spritzers
- Share some sacred sounds with crystal bowls, a guided meditation and empowering rituals that you can take to be implemented within your daily life
- [and more...](#)

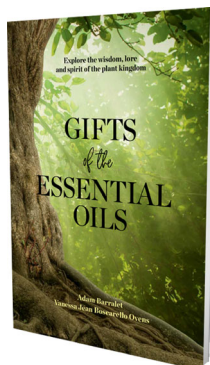
Until next time, enjoy the Springtime Blessings eBook.

*In Joy and Love,
Paul and Vanessa Jean*



Download your
free copy of the
*Springtime
Blessings eBook*
[HERE.](http://bit.ly/springtimeblessings)

COMING SOON!



Dive deep into the spiritual aspects of the plant kingdom!

"Gifts of the Essential Oils" book with authors Adam Barralet and Vanessa Jean Boscarello Ovens.

To register your interest, click below:



Register for pre-launch of Gifts of the Essential Oils

Recipe book with
Chef Sophie Budd
and Vanessa
Jean Boscarello
Ovens

*I'm
excited...*

New recipe
book with
Sophie Budd is
coming soon!

Register your interest
for the pre-launch:
bit.ly/FoodOils

Register for pre-launch of Recipe Book



Never miss out knowing
what we're up to!

Follow us on Paul and Vanessa Jean Eventbrite
Channel.

Events



18/9/19: Perth monthly event "doTERRA New Product Reveal"

doTERRA will be unveiling 13 new products at Global Convention in September and we invite you to come along and join in the fun as you get to experience these new products first hand at our monthly Perth event where Vanessa Jean will unveil the Convention kit to you. Be the first in Perth to feel, touch and smell these products and learn how they can be used.

Date: Wednesday 18 September 2019

Time: 7.00pm – 8.30pm. Registration from 6.45pm.

Address: East Fremantle Lacrosse Club, Preston Point Reserve, Cnr Preston Point Road and Jerratt Drive, East Fremantle

Investment: Free.

Book [HERE](#)

23/10/19: Perth monthly event - details to come.



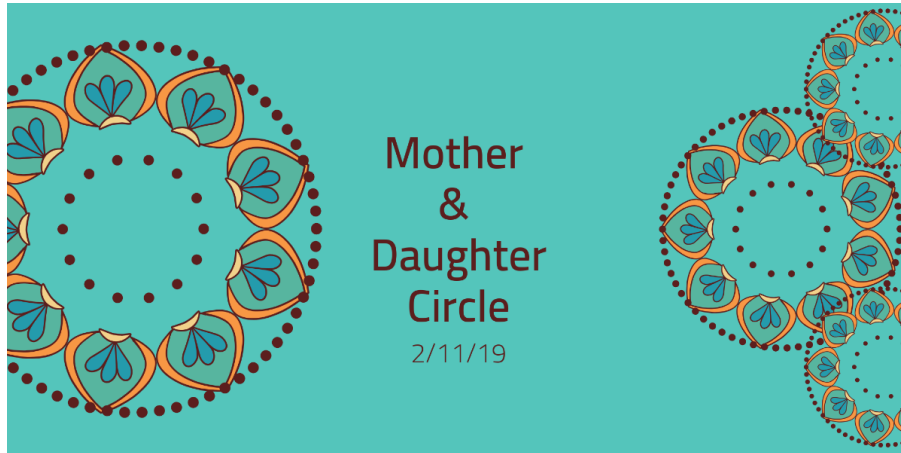
Ultimate Women's Retreat – Lake Grace (WA)

Saturday 26th October 2019, 10am – 5pm

On this beautiful women's retreat, you will return home to love as you rest, rejuvenate and re-treat yourself to deep nurturing, pampering and nourishment.

An invitation for women to come together “bring a friend day out”, as we create something special; a sacred experience to remember forever.

Book [HERE](#).



Mother and Daughter Circle 2/11/19

Come and join us for our Mother and Daughter Circle in this unique and sacred space where we will be nurturing our souls with doTERRA essentials oils, setting loving intentions, connecting and empowering one another whilst continuing to support a deeper relationship between mother and daughter.

Book [HERE](#).

6/11/19: Perth monthly event - details to come.

4/12/19: Perth monthly event - details to come.



GROW events are advertised [here](#).

This is a small sample of ways to use the oils. Visit my [website](#) for more inspiration!

If you are new to essential oils and would like to find out more, please go to my [oils page](#). I explain why I love these oils so much, and show you ways to use them, including delectable food recipes and blends. I also explain how easy it is to open your wholesale account, saving you 25%. I would love to help you on your essential oil journey.

*** It is very important you only use pure essential oils, and I use and recommend dōTERRA essential oils.**

About Vanessa Jean



Vanessa Jean, founder of Food Alchemy, motivational speaker, dōTERRA Wellness Advocate and Queen of Cacao, is passionate about teaching people how to live a life inspired by joy and love.

Using food, aromatherapy, sound healing and her own joy for life, Vanessa Jean inspires people with her recipes, healthy lifestyle, joy and purpose.

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Food Alchemy Pty Ltd
East Fremantle WA 6158
Perth, Australia

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