



Hi <<First Name>>

As I sit here typing the December newsletter, many feelings and emotions are arising in me.

Mostly grief, as I witness the soon-to-be loss of a beautiful soul and dear friend who is nearing the end of her earthly life, leaving behind a young daughter and new husband and soul mate. I am dedicating this newsletter to her. For her courage. For her strength. For her love. For her generosity.

And yesterday my Nonna flew back to her god. I have no words at this moment to dedicate to beautiful Nonna. That will be left to another time. Another space. When I can.

Such moments are profound for all who witness, and give rise to a powerful need to take stock of one's own life and settle deeply into all that one is grateful for. Simple things such as cleaning the home, because it means you have a home and have the capacity to clean. Grocery shopping, because it means you have the finances to purchase food. Holding your child's hand as you walk them to school. Such simple moments, and such learning in being in the now and appreciating what this precious life is all about. **Connection. Giving love. Being loved.**

After all the Black Friday and Cyber Monday madness, please take a moment to lean into the joy of immersing in nature. Of being with a friend. Of stillness. Let's not get back on the madness merry-go-round of pre-COVID days and forget one of the most powerful lessons of this year - that of connecting back to what really matters in life. This year, above all others, has been a powerful reminder for us all to return to love.

Festive Season eBook

I have enjoyed putting together my final eBook offering of 2020 - the Festive Season eBook. You can download your copy below.

This interactive 18-page Festive Season eBook includes a link to ANOTHER eBook - my dedication to Frankincense - and it's 49 pages about this most magnificent of essential oils.

Voice of the Goddess 2021

I feel so grateful to be in the final stages of putting together what may be my most powerful connection event that I have ever birthed. It will be a six-month immersion with me in 2021 called Voice of the Goddess. Stay tuned for a newsletter dedicated to this very special event.

If you would like to register your interest in this private mentorship program, please fill in the simple form below. The launch for Voice of the Goddess will be in January 2021.

[I'm interested in knowing more](#)

Thank you for allowing me to grace your inbox this year. It's been an honour to serve you with recipes, blends, offer events, and be a part of your life.

Have a peaceful and joyous end to 2020. May your hearts light up as you immerse in all the things that bring you joy with the people who surround you with love as you conclude this year and welcome 2021.

In Joy & Love

Vanessa Jean

In the spirit of giving, this is my offering for December for those who are ready to welcome essential oils into their lives and to join our nature-loving community. To be a part of Team Alchemy, either book your free 1:1 chat with me (Facebook messenger link below), or, if you know what you want and are ready to join, click to purchase using the link below.

Nome Essentials Starter Pack

\$339
PLUS bonus gifts
valued at
\$183.64



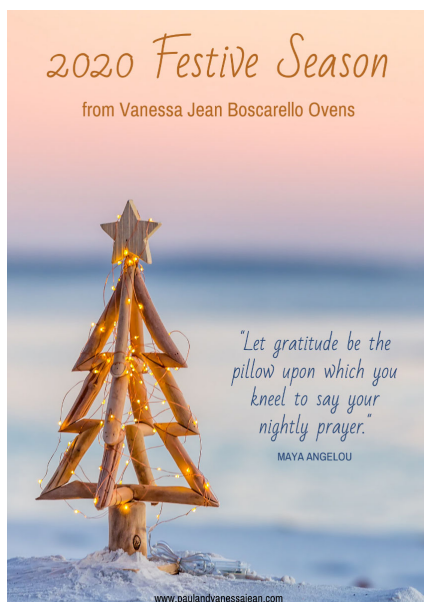
December Bonuses

- 1 Gifts of the Essential Oils book (RRP \$45)
- 2 15 ml Frankincense (RRP \$119.97)
- 3 15 ml Wild Orange (RRP \$18.67)



I'd like to talk

I'd like to purchase



2020 Festive Season eBook

Your Festive Season eBook is ready for you to download.

The eBook also includes a link to a 49-page Frankincense eBook - perfect for this month's special 200PV offer from doTERRA.

Just click the cover image to download.

RISE OF THE PHOENIX

SACRED CIRCLE

WITH VANESSA JEAN AND ADAM BARRALET

2021 Monthly Online Course + 2021 Calendar

For the seeker, the journey maker and the curious soul with a yearning to welcome sacred practices into daily life, Adam Barralet (who co-authored Gifts of the Essential Oils with me) and I have created a year long journey for you! Click on the link to find out more... this is for those ready to say yes to life and

to understand more deeply what is happening in the stars and among the planets. We will share the energy of each lunar cycle with a focus on the full moon and retrogrades. We will share blends, crystal magic and how to understand more deeply what might take others into chaos, and gift you wisdom.

Purchase Ticket

In Joy & Love, Vanessa Jean



Voice of the Goddess

Stay tuned for a very special invitation to join this course in 2021. You can register your interest by filling in a super short form - link below.

I'm interested in knowing more



**Never miss out knowing
what we're up to!**

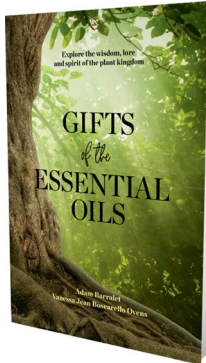
[Follow us on Paul and Vanessa Jean Eventbrite Channel.](#)

This is a small sample of ways to use the oils. Visit my [website](#) for more inspiration!

If you are new to essential oils and would like to find out more, please go to my [oils page](#). I explain why I love these oils so much, and show you ways to use them, including delectable food recipes and blends. I also explain how easy it is to open your wholesale account, saving you 25%. I would love to help you on your essential oil journey.

*** It is very important you only use pure essential oils, and I use and recommend dōTERRA essential oils.**

Gifts of the Essential Oils - available around the world!



This 248 page book takes you on a journey to connect with the voice of each essential oil, through their stories and their secrets. Join us along the path of discovery and healing physically, emotionally, mentally and spiritually as we unlock the power of the plant kingdom. Dive deeper into the magic of over 100 essential oils, including the rare and relatively unexplored, in this full-colour book overflowing with original blends, inspiring affirmations and mythology spanning the ages.

[Purchase Book](#)

December Promotions

Learn more about this month's promotions here:

[AU NZ Promotions](#)

[US Promotions](#)

[Europe Promotions](#)

About Vanessa Jean



Vanessa Jean, founder of Food Alchemy, author, motivational speaker, dōTERRA Wellness Advocate and Queen of Cacao, is passionate about teaching people how to live a life inspired by joy and love.

Using food, aromatherapy, sound healing and her own joy for life, Vanessa Jean inspires people with her recipes, healthy lifestyle, joy and purpose.

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