



Hello beautiful soul

I thought I would reach out again this month as we have the beautiful Palmarosa as the Product of the Month here in the AU and NZ markets (free for those who place a loyalty rewards order of 125PV before the 15th April 2021).

I have also created a new Gaia's Gifts Zoom class on the Kids Collection which will be on this Wednesday 14th April (booking details below).

But first, let's look at Palmarosa and why you will love having this limited time offer essential oil in your collection.

Palmarosa gifts us **Loving Direction**.

Her essential oil is fresh and herbaceous with a hint of floral and offers us many gifts, including helping to promote forgiveness, soothing heart ache, and repelling insects. Palmarosa is both uplifting to the soul and can cool down a fiery mind or spirit that has become critical, of others and especially the self. LOVE is the primary theme of Palmarosa and she aligns us with the pink ray of love energetically.

Here is a practice, from [Gifts of the Essential Oils](#) book for Palmarosa that you might enjoy doing.

To create new beginnings, make a pure-fume of Palmarosa, Rose and Bergamot with

a carrier oil (in a roller bottle). Anoint yourself where you feel drawn to place it and call in what you want to 'attract' as you design your next chapter. For instance, anoint the heart for love, solar plexus for empowerment, higher heart for compassion, sacral for abundance, crown for divine connection and guidance. See your new beginnings in as much detail as possible and call on Bergamot to bring out your joy, Palmarosa for gratitude and Rose for love. Inhale the vision into the points you anointed and imagine your whole self becoming the embodiment of what you actively seek to attract.



Heart **Harmoniser Synergy**

**Palmarosa ~ loving direction
Cardamom ~ directing passion
Geranium ~ self-love
Green Mandarin ~ a playful heart
Roman Chamomile ~ gentleness**

**Diffuse, aromatically dress, create a pulse-point blend or
nasal inhaler with this powerful synergy.**

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Emotions **Inflamed**

**Palmarosa
Basil
Bergamot
Copaiba
Frankincense**

**Add to 10 ml roller bottle and top with carrier oil.
Anoint or wear as purefume. Alternatively use in diffuser.**

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Heart Centering

Palmarosa
Geranium
Green Mandarin
Rose

Add to 10 ml roller bottle and top with carrier oil.
Anoint or wear as purefume. Alternatively use in diffuser.

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Soul Tonic

Palmarosa
Black Spruce

Add to 10 ml roller bottle and top with carrier oil.
Anoint or wear as purefume. Alternatively use in diffuser.

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Palmarosa is similar in appearance to lemongrass. Whereas Lemongrass essential oil acts as a sword of light cutting through what no longer serves you, Palmarosa is a sword for warriors of love, inviting you to be authentic in your relationships with others, asking for you to act with integrity and respect in your relationships with others and yourself.

When you feel your energy drop around a certain person, or group of people, your high vibing energy may be what they are unconsciously tapping into and drawing to them. It's a dance of give and take and one that you don't need to enter into. To create a healthy energetic boundary for yourself and keep your energy high, try this blend to lovingly repel those who pull your energy down.



Cutting Ties

**Palmarosa
Lemongrass**

**Palmarosa - The sword of love
Lemongrass - The sword of light and truth**

**Add to 10 ml roller bottle and top with carrier oil.
Anoint or wear as purefume. Alternatively use in diffuser.**

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Repel the Energetic Vampire



Palmarosa
Arborvitae
Patchouli
Tea Tree


Add to 10 ml roller bottle and top with carrier oil.
Anoint or wear as purefume. Alternatively use in diffuser.



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The 2021 doTERRA AU NZ Pure Convention is on this week. Are you excited for the new product releases?!?

We are excited to be part of the [2021 Convention Marketplace Catalogue](#) which has been put together by James Lynch of [Essential Oil Images](#) with Sarah Poppy and look forward to being able to share our discount code for Gifts of the Essential Oils book during the catalogue launch. Many other great essential oil suppliers have joined together to showcase their products and offer exclusive discount codes! Join the Facebook group to check out all the great suppliers and their offerings 

Join in the Facebook Fun!

Sales begin in **The Essential Oil Images Marketplace Catalogue *April 14th, 2021 and go to April 23rd, 2021 while supplies last.*** To get first access to the catalogue on April 14th at 8.00am AEST sign up here 

Have a joyous April and I hope to see you on Zoom or in person at one of my events soon.

Namaste,

Vanessa Jean xx

What's New?

Gaia's Gifts "The Kids Collection" - online free Zoom class

Wednesday, 14 April 2021, 6pm AWST

Open to everyone. This class will cover:

- How this Kit serves your children
- And how it can be used by adults too!
- The energetics of the oils in the kit, and looking at the metaphysical, spiritual and emotional aspects of these synergistically created blends
- Using the blends in this kit as purefumes and aromatic anchors

The Essential Oil Images Marketplace Catalogue

Sales begin April 14th, 2021 and go to April 23rd, 2021 while supplies last

Chakra Angel Psychic Fair 15 & 16 May 2021

- Uncovering your Intuition, Saturday, 15 May 2021 11:00 AM - 11:45 AM
 - The Spirit of the Plant Kingdom, Sunday, 16 May 2021 11:00 AM - 11:45 AM
-



Gaia's Gifts - The Kids Collection 14/4/21

Come explore the magic and support of the plant kingdom for your wildlings' physical, mental and spiritual wellbeing.

With Vanessa Jean

Registered attendees will receive the class recording.

Date: Wednesday, 14 April 2021

Time: 6pm AWST

Investment: free

Book through Eventbrite



UNCOVERING YOUR INTUITION

with

Vanessa Jean

Join Vanessa Jean for an intimate gathering as she opens her heart in connection with the Akashic Masters as they commune with YOU in this live talk. Lift the veils that prevent you from truly seeing and connect with the messages from the Masters. From the space of the Akashic Records she will share a transmission and meditation of deep peace and the journey home to Love.

15th of May 2021

11am - \$15 per ticket - Essential oil blend for all

Psychic & Wellness Fair, Crown, Perth

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Book Now



Join Author, Spiritual Mentor and Essential Oil Master Blender, Vanessa Jean as she takes you on a journey through scent to magnify your inner senses as you reclaim your ability to connect with and commune with the Plant Kingdom and the devas that tend them. In this gathering Vanessa Jean will share succulent aromatic creations to help you harness your inner light and share your gifts with the world.

16th of May 2021 - 11am

\$15 per ticket - Channelled essential oil blend available during Q&A

Psychic & Wellness Fair, Crown, Perth

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[Book Now](#)

New Moon in Aries - 12th April

This Aries New Moon brings a powerful energy of renewal and rebirthing. Look at areas within yourself, in your life and business that need to be infused with the energy of renewal.

Aries, the Ram, is a Fire sign within the family of the Zodiac. You may want to explore what lies within your shadow as you enter the darkness of the New Moon time. The New Moon phase is a dark time of the moon and is a perfect time to explore where you are or feel; impatient, moody, aggressive, frustrated, bitter, passionless, impotent, unsure, lacking in confidence.

As you enter this self-inquiry, ally with:

Cassia
Ginger
Juniper Berry
Rosemary

Cassia will warm you from within, helping you to feel more self assured, stoking your inner fire and warming you to the idea of the you new that you wish to become.

Ginger will help you digest what you discover lurking within the shadows, what feels 'too much' becomes more manageable with the support of Ginger as he shines his golden light up on you, both within and around you. He lends you the light of his fire to rediscover the forgotten parts of you and the abundant gift that lay hidden.

Juniper Berry guides you to safely address your fears, to uncover what lies beneath the lies, the stories that are not your own, and to boldly move forward knowing that light and dark are life. They are neither good nor bad, they simply are.

Rosemary helps to lift the dusty veils of forgetfulness. She will help you to remember your art, your sorcery, your magic, your soft, intuitive guiding voice. She will protect you on this journey and assist you to remain focused on the task at hand this moon time. She will support you to feel more confident on your path and help dissolve impatience and frustration.

Gifts of the Essential Oils

- available around the world!



This 248-page book takes you on a journey to connect with the voice of each essential oil, through their stories and their secrets. Join us along the path of discovery and healing physically, emotionally, mentally and spiritually as we unlock the power of the plant kingdom. Dive deeper into the magic of over 100 essential oils, including the rare and relatively unexplored, in this full-colour book overflowing with original blends, inspiring affirmations and mythology spanning the ages.

Purchase Book

About Vanessa Jean



Vanessa Jean, founder of Food Alchemy, author, motivational speaker, dōTERRA Wellness Advocate and Queen of Cacao, is passionate about teaching people how to live a life inspired by joy and love.

Using food, aromatherapy, sound healing and her own joy for life, Vanessa Jean inspires people with her recipes, healthy lifestyle, joy and purpose.

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Food Alchemy Pty Ltd
East Fremantle WA 6158
Perth, Australia

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